

ARIES SOLAR FULL MOON RITUAL

MEDITATION AND CONTEMPLATIONS: Days One-Three
In Service of the Christ, the Great Ones, and the Flowering of Humanity



THE FIRST LIGHT OF ARIES

“The entire theme of the zodiac can be approached from the angle of light and its



unfolding and increasing radiance and of the gradual demonstration in what I have called elsewhere, "the glory of the One." The mode of the development of this inner light and of its externalization must remain — from the standpoint of its cosmic effects — one of the secrets of initiation and this for a long time to come. It will, however, not be out of place if I were to give symbolically certain phrases and sentences which will indicate (for each sign) this "growth of light in light," as it is esoterically called, bearing in mind that we are attempting to express conditions connected with the soul whose essential nature is light. This soul-light affects the form as evolution proceeds and produces sequentially the revelation of that form, and of the nature of space-time as well as of the goal." ... "A study of the above thoughts will reveal the symbolic

story of the irradiation of matter, of the growth of the light body within the macrocosm and the microcosm, and finally make clear the purpose of the Logos." (EA, 328/9)



***The Light of Aries:* "Aries is the Light of Life Itself. This is the dim point of light found at the center of the cycle of manifestation, faint and flickering. It is the "searchlight of the Logos [GOD], seeking that which can be used" for divine expression".**

Keynote: "I" come forth, and from the Plane of Mind "I" rule

The Life Energy of Pisces brought us The Light of the World *revealing* the Light of Light itself. Now in Aries we work with the actual **Light of Life itself** – the greatest of all Lights in this first sign of the zodiac.

DEEPENING TRUE SOUL REALIZATION

“Christ in you is born anew” in the times and seasons we rhythmically and intentionally set apart for simultaneous group meditation, group spiritual approach and entry into the Mysteries. In our heightening alignments and contact with Those Who know, we move more firmly and freely upon “the Way”.

The “new Mind of Christ” is the “Risen Christ”. The twelve potencies of the Heart Chalice are slowly awakened to reveal the full glory of the inner God, a Son-of-God (Sun-of-God), in manifestation to walk the planes of earth “saving and serving”. We become **What We Are** – in fact and in Truth, a microcosm of the ONE SELF. This is our future – our promise and guarantee.

As we consciously tread the Way round the zodiac, living and loving and serving, absorbing and distributing energies contacted by the True Soul – the encoded “Risen Christ comes forth” with renewing power.

Throughout each month, potently heightened during the 7 Day Full Moon periods, we make conscious contact with the energy of the Sun and the presiding Angels of each Sign Who work in concert with the Solar Angel in the corresponding energy of the Chalice of the innermost Heart.

In this first sign, Aries – the Light of Life Itself, we are drawn in closer contact with the True Soul – the Spiritual Triad. Aries is a Cardinal sign linked with the purpose of God and is the first of three Hierarchical Festivals of the Year. The eye of the Spiritual Elders of the Planet are turned toward Humanity for the purpose of raising its vibration. The highest energies within our true divine nature – our triune Soul Self – send forth a *touch of* energy of **Atma** (Spiritual or Higher Will), **Buddhi** (Spiritual or Higher Love) and **Manas** (Spiritual or Higher Christ Light of Mind). Let us intentionally open to these higher spheres of vibration that stimulate a living higher Awareness of the inner God.

Awareness, felt contact and measures of realization from these higher Soul Energies are greatly facilitated by the Disciplines of Lent in the context of the energies of a world-wide observance of Easter Holy Week practiced by millions of souls “entering the Holy City” with the Christ. These energies condition Humanity. The refined awareness of all disciples to the Soul (full Soul) facilitates the eventual take-over by the True Soul in greater measure. The purified nature and rightly oriented disciple is taken over by the “Mind of Christ” at all these resonant levels. In the flow of energies from the True Soul to the soul mechanism on the mental plane to the physical/etheric brain, the Christ Mind

rewires the physical brain allowing for fuller reception and increasing sensitivity (love) as old circuitry is replaced with the new. We increasingly move closer – *en rapport* with higher energy and the spiritual Hierarchy.

This Aries Solar Full Moon Festival ritual dovetails with Easter Holy Week bringing new life to the episodes of the Christ.

NOTE: For those who have been following the Discipline of Easter Holy Week, you may choose to use the Meditation prescribed for the week (a simpler version), or the one below. In either case, continue with Parts II and III below with the Soul Star Group.



PREPARATION

I. "THE BREATH IS THE LIFE POURING THROUGH ALL THE CENTERS"

◇ We sound forth the sacred Word, **OM** ... coming into the peace and vibratory Presence of the Soul.

◇ Consciously attune with the Life energies of the Sign Aries streaming **through the Heart of the Sun of our Solar System – the Son of Divine Love ~ That universal LOVE in which we live, move, breathe and have our Being.** Standing in the down-flow of this Light of Life energy, we visualize "the Great Breath of Life" giving Life to all that It contacts ... thence streaming Life to and through *you (us)*.

◇ With a conscious "Breath of Life pouring through all the Centers", **AUDIBLY** with the power of spiritual intensity, sound forth the Sacred Word, **OM**, **dissolving and releasing atoms of lesser vibration ... sensing** their release (do this one or more times).

◇ Now, with **conscious, intense spiritual Aspiration** (inwardly reaching/attuning as *high* as you can), breathe in the "Breath of Life" **drawing in atoms of higher vibration.** Thence, **SILENTLY**, or *softly aloud*, sound the Sacred Word, **OM**, *with radiatory intensity* pouring through all the Centers ... irradiating the mental body with Light ... infusing the emotional body with Love ... and suffusing the vital etheric body with new Life – balancing, healing, enlivening – **Resurrecting.**

◇ With a conscious Breath of Life, **AUDIBLY** sound forth the **Sacred Word, OM**, extending solar-infused Arian light *into the vibratory field* in which we live and serve, infusing and heightening its vibration ... extending worldwide.

Realize that every intentional, conscious Breath of Life with the OM sounding forth, is a further opening into the True Soul (Spiritual Triad) – creating a bridge for its descent, expanding Soul Consciousness ... and fuller contact with Reality ... OM

Continue ...

II. CONNECTING AND COOPERATING WITH THE ANGELS

◇ Let us remember the 'ever Presence' of the Solar Angel as we focus in the Crown Center above the Head—the “**Twelve-petaled Heart in the Crown**” of the 1000-petaled Lotus. **OM**

◇ Now, with conscious intent, come into vibratory relationship (resonance) with the governing Angel of Aries – and the Solar Angel. **OM** ◇ In the moments that follow, *be and breathe with Them ... as Their* lighted Intelligence, loving Presence, and specialized Powers *touch, stimulate and work with us.* ◇ **OM**

◇ Now once again, we breathe “the Breath of Life pouring through all the Centers” ... following the vital Life energy flowing from the Crown – briefly pausing our awareness at the Ajna center ... Alta Major ... Throat ... and Heart Center ... continuing to and through the lower centers – *gently cleansing, infusing and heightening each Center with new Life.*

The energy flows naturally on its own ... a portion flowing out through the minor centers in the soles of the feet into the earth "Blessing the Earth upon which we walk", sanctifying our place “*where on Earth we live*”... filling our abodes with new life, and all whom we *contact and touch.*

◇ With the next in-breath, on a Silent **OM**—the energy rises, lifting the vibration of each Center ... as if a great magnet is drawing the ascending energy up the central spinal column “returning *Home* whence it came” to the Crown, completing the divine circulatory flow. ◇ Pause to sense the “resurrection” process in you – and by extension in the whole of your life.

Forcing nothing, simply follow and allow. Some will experience the flow of energy as a great ovoid, a *torus* of dynamic circulating energy – a perpetual fountain descending and ascending, circulating in all directions in beautiful display.

Here within our own Body is a *real and symbolic* Truth of the Pilgrim’s journey – the Monad—*Spirit in extension*, journeying forth from on High deep into Matter for the purpose of ‘saving, redeeming and resurrecting’ as we return to the Father’s Home (in the Crown).

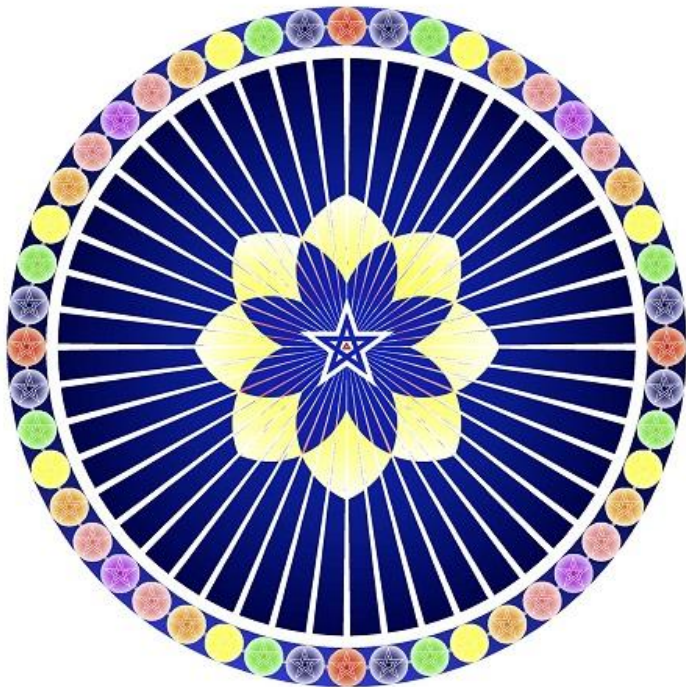
◇ For a few moments now, “**BE**” in the radiant flow of this circulating energy – standing in the fountain of down-pouring and up-rising energies ... realizing (achieving) the constancy and continuity of the Presence ... receiving and giving ... giving and receiving.

◇ In right timing, sound forth the Sacred Word, **OM**, to confirm and seal in the new vibration.

~ Continue with the Group Meditation ~

III. THE SOUL STAR GROUP – THE SOUL IS GROUP CONSCIOUS

Unified In Group Approach to Divinity



◇ In this enlivened, expanded state, we widen our awareness seeing ourselves standing inside a large circle of *Participating Souls* gathered and gathering in the “**Soul Star Group**” – purposed to work in “Group Approach to Divinity” with the “**Great Ones**” during the Full Moon period. ◇ Let us See all Souls herein gathered as *radiant spheres of Living Light and Loving Holy Will*.

◇ In one simultaneous movement, let us extend a beam of Soul Light – *One to All and All to One* ... creating a living, radiant field of Lighted Love and unified group vibration, energized and infused with Soul Ray qualities, virtues and powers ... that extend far and wide. (If you do Triangle Work, this can be done here and now).

◇ “As One”, pause now to come into *the living Presence and Field of Synthesis* that is “**the great Potency of the Inner Groups**” – the “**GROUP of Groups**” – the **Ashram of the Christ** and **Spiritual Hierarchy in whose Center He stands**. ◇ Pause to sense His living Presence ... the Life emanations pouring forth from His Being ... creating a healing and uplifting auric Field of Love and Life Power. ◇ **Sound a Silent OM synchronizing and confirming His vibration with ours.**

Through these inclusive, unifying group alignments, through the inner eye of the Soul, energy lines and waves of light can be seen linking all Soul Groups **vibrating in resonance** with the **Greater Group** of Groups of which we are a part. ◇ **Think of groups you know and love, and link with them now.**

Be affirmed in the Master’s words of the “**joy of participation in the Masters’ plan**” knowing “**all is well that associates [us] closely with Them.**” (TWM, 368/9)

◇ Now, from our inward focus, as a group we **turn to face the world to give forth that which we have received, magnified by the Christ**. As one Group, let us bless Humanity and all the World. We begin by sounding the **Sacred Word, OM** ~

~ **The Great Invocation** ~

Or, **The Mantram of the Group Disciple**, or the last line of the GI (found below)

DAY ONE

CONTEMPLATIONS and DIAMOND SOUL PRACTICES FOR DEEPER SOUL IMPRESSION

The saving and redeeming work of Pisces continues in Aries, the sign of new beginnings – on a higher turn of the spiral.

Aries, the first Sign in our journey moving through the energies of the zodiac, is one of new beginnings and unfoldment. We see this reflected in the symbol of the birth of Spring (in the northern hemisphere), beginning again the zodiacal journey *on a higher turn of the spiral for all of Humanity*.

“Aries is the sign of **beginnings**—the beginning of the creative process... that definitely defined process which we call *spiritual regeneration and initiation*.” (EA, 106)

◇ Pause to CONTEMPLATE “*spiritual regeneration and initiation*” – the creative, dynamic Soul process moving through our life now, and throughout this month.



PISCES – “The Light of the World – This is the Light revealing the Light of Life Itself”

ARIES – “The Light of Life Itself”

“This is the dim point of light found at the center of the cycle of manifestation, faint and flickering. It is the “searchlight of the Logos [GOD], seeking that which can be used” for divine expression.”

The Life energies of Aries come to us as the *Light of Life Itself*. At the highest level this Light reveals the creative activity of God. For us, this Light reveals the activity of the 1st and 7th Rays of Will, Spiritual Power, and Manifestation – the Soul manifesting as the true Magician.

These energies pour through the Heart of the Sun – the Son of Divine Love. This energy reaches earth through the planetary transmitters (Mars, Mercury, Uranus), gifting us with higher Devotion and Idealism, linking to higher Light bringing Enlightenment, and the creative power to manifest the Will of God. ◇ Look for these Soul qualities being strengthened and emerging *through us* during this period.

In the Heavenly showering of the “Light of Life Itself”, Be conscious of new “revelation”.



THE WORD OF THE SOUL:

In PISCES: "I leave the Father's Home and turning back I save".

In ARIES: "I come forth, and from the Plane of Mind I rule".



During these Seven Days, we consciously establish the fact of Who and What We Are when IDENTIFYING WITH THE MANTRAM: **"I come Forth and from the Plane of Mind, I rule"**.

There is but One Mind of God. For the un-awakened, this mind "is divided" in its lower expression of the concrete mind, or lower mind. The higher mind has "the Son of Mind" active on the second sub-plane of the mental plane, accessing the Abstract Mind. Still higher, the Buddhic and Atmic planes rhythmically interplay with the Son of Mind that is the Mind of Christ.

During this Aries period, we *Consciously use* the energy available to **"initiate"** our lives and service along **the higher mental planes on behalf of the greater Good.**

Throughout this period, **BE** open – attuned, aware and listening for "new" budding mind impressions as the ruling, lighted Mind of the Soul shines through you:

- ◇ Look for what **"is initiating"** through you.
- ◇ Look for what **"wants to initiate"** further through you for the greater Good.
- ◇ What is **coming forth through the Mind for Soul rule?**



◇ Linking again with the Soul Star Group, today we affirm:

"I come forth and from the Plane of Mind I Rule"



"We come forth and from the Plane of Mind We Rule"



Let us be "relaying channels" for the Divine Mind of God.



DAY TWO

Leaves of Morya's Garden – Book 2, Illumination (1925) - 2.5.5

Christ speaks to Master Morya about the Future ~



Signs of Christ (Nicholas Roerich)

"O how AUM shall penetrate into the human consciousness!

Here I have drawn a pistil and above it an arc, and have set the foundation in four directions.

When by human feet and human hands the Temple will be built wherein will blossom the pistil laid by Me, then let the Builders pass by My Way.

Why should We await the way when it is before Us?"

A – Father ∞ Spirit ∞ Monad

U - Christ ∞ Soul ∞ Consciousness

M - Mother ∞ Matter ∞ and Form

CONTEMPLATE

"O how AUM shall penetrate into the human consciousness!"

"Here I have drawn a pistil and above it an arc and have set the foundation in four directions."

◇ What is the meaning of a pistil? To what does the arc refer? What foundation is set in four directions?

By definition, a pistil refers to the central reproductive structure of a flower and this central structure is feminine. The central structure upon which the foundation for building a new world civilization must be built upon principles of the Divine Feminine and Soul values for Humanity to flower the world over.

The Temple built by Humanity – by "human feet and hands" – must be built in such a way that the "pistil", the Divine Feminine, the Soul, will blossom – "to blossom the pistil laid by Me."

The Soul, the "pistil" of innate divinity of Christ consciousness was "laid by Me" – the Christ. Soul Consciousness is central to building the new world culture in the Aquarian Age.

The Temple that Humanity will build must be set upon the Foundation of Divine Feminine Principles (caring, sharing, Love) if Soul cultures born of Christ Consciousness are to flower.

A Soul Foundation must be set in four directions over all the Earth – N, S, E, W – Above, Below, Within, Without – "then let the Builders pass by My Way". – Only then can the Builders pass His Way. Nothing but a Temple of Humanity built upon a foundation of Divinity can pass His Way – thence on the Way to the Father.

The ARC is the external manifestation of a new world civilization built by the "feet and hands" of Humanity – having embraced Soul Values and principles of the Divine Feminine.

A Temple built with *human feet* is Humanity walking the Lighted Way of the Soul. A Temple built with *human hands* is service rendered to meet the true needs of humanity and fulfil the Plan of God. The higher values of the Soul and the principles of the Ageless Wisdom are the *blueprint to serve as guide*. Only then can Humanity successfully build the Temple of Humanity – built in "four directions" – N, S, E, W – encompassing the whole Earth – to 'Pass His Way'. In this "Way", the human family will blossom all around the whole world. – This Way is Known.

◇ ◇ ◇

From, Telepathy and the Etheric Vehicle, 195/6:

"It is essential that servers everywhere – the intelligent men and women of good will – get a grasp, fresh and clear, of the work to be done and that they become "relaying

channels and not delaying points of selfish interest" in the divine flow. This takes vision and courage. ...

... there is much to encourage the server. Humanity has now reached a point in development where there is a definite grasp of **the Plan of the Hierarchy — call it brotherhood, sharing, internationalism, unity** or what you will. This is a growing and factual apprehension and is a general recognition by the thinkers and esotericists of the world, by the religious people of enlightenment, by broad minded statesmen, by industrialists and business men of inclusive vision and humanitarian insight, and even today by the man in the street. There is also a more definite recognition of emerging spiritual values and a greater readiness to relinquish hindrances to service."

The disciple "takes his place with those who perceive the needs of the coming cycle—a cycle wherein the **new ideas and ideals must be stressed and for which a fight must be made, wherein the wider plans for the good of the whole must be understood, endorsed and preached, the new and clearer vision for human living must be grasped and finally brought into being, and a cycle wherein the effort of all members of the New Group of World Servers must be given to the lifting of humanity's load.**"

◇ This is the recognition of "A U M penetrating human consciousness". Be heartened. Continue the effort of living in the world with the "Signs of Christ" imprinted upon your Consciousness.

– In Soul thought, word, and deed,

"The disciple has to take himself as he is, at any time, with given equipment, and under any given circumstances; then proceed to subordinate himself, his affairs and his time to the need of the hour—**particularly during the phase of group, national or world crisis. When he does this within his own consciousness and is, therefore, thinking along lines of the true values, he will discover that his own private affairs are taken care of, his capacities are increased and his limitations are forgotten.**"

"O how AUM shall penetrate into the human consciousness!"

DAY THREE PRECEDING FULL MOON DAY

RESURRECTION ~

“The whole concept of resurrection is the new and most important revelation which is coming to humanity, and which will lay the basis for the new world religion.”

“One of the greatest of all distortions, and one of the most misleading of the theological teachings, has been the interpretation put upon the word "resurrection" in the Christian approach. This resurrection has been applied in many cases to the resurrection of the body; it is also applied to the fact (the selfishly motivated wish) of immortality; it is applied also to the physical resurrection of the Christ after he supposedly died upon the Cross.

“Resurrection teaches essentially the "lifting up" of matter into heaven; it does not teach the eternal persistence of the physical body of a man, as many Fundamentalists today suppose, looking for the reappearance of the discarded physical body; **it does teach the "livingness of Life" and the state of "unalterable Being."** This unalterable Being constitutes **the nature of the Monad [Spirit—the One Self], and it is to this condition of awareness that Christ attained when He functioned as a World Savior and thereby guaranteed, by the force of His achievement as a personality-soul, the same point of attainment for us, for we are equally and essentially sons of the Father or expressions of the Monad, the One.”** (R&I, 317/18)

C O N T E M P L A T E – “Unalterable Being.” Allow the “High Thinking” of the above Soul Truths to deeply impress you. Apply: “I come forth and from the Plane of Mind I Rule.”



In Aries we learn, **“Christ anchored the Will of God in the Matrix of Love.”**

“Resurrection is the keynote of nature; death is not.” **“The note and message sounded by the Christ when last on Earth was resurrection ...”** “During the coming century, the meaning of resurrection will be unfolded and the new age will reveal its true significance. ...”. As humanity emerges from the death of “old ideas and modes of living, relinquishing its materialistic goals and its damning selfishness”, it will enter “the clear light of the resurrection life.” *C O N T E M P L A T E*

“... Resurrection is the clue to the world of meaning and is the fundamental theme of all the world religions—past, present and the future. Resurrection of the spirit in man, in all forms, in all kingdoms, is the objective of the entire evolutionary process, and involves liberation from materialism and selfishness.” (R&I, 470) *C O N T E M P L A T E*



THE GREAT INVOCATION

From the point of Light within the Mind of God

Let light stream forth *into the minds of men*

[*Let Light stream forth into human minds*]

Let Light descend on Earth.

From the point of Love within the Heart of God

Let love stream forth *into the hearts of men*

[*Let love stream forth into human hearts*]

May Christ return to Earth

[*May the Coming One Appear on Earth*]

From the center where the Will of God is known

Let purpose *guide the little wills of men*

[*Let purpose guide all 'human will'*]

The purpose which the Masters know and serve.

From the center which we call *the race of men*

[*From the center which we call the human race*]

Let the Plan of Love and Light work out

And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth

Sound forth a sacred **Om** (embodying and distributing the Light of God)

Sound forth a sacred **Om** (embodying and distributing the Love of God)

Sound forth a sacred **Om** (embodying and distributing the Will — Purpose of God)

— *"So let it be and help us do our part"* —



The Affirmation of the Disciple

I am a point of light within a greater Light.

I am a strand of loving energy within the stream of Love divine.

I am a point of sacrificial Fire, focused within the fiery Will of God.

And thus I stand.

I am a way by which men may achieve.

I am a source of strength, enabling them to stand.

I am a beam of light, shining upon their way.

And thus I stand.

And standing thus, revolve

And tread this way the ways of men,

And know the ways of God.

And thus [We] stand.

OM

∞

A certain esoteric Mantram ... “embodies the attitude of the disciple who is striving, in cooperative endeavor with others, **to link hierarchical intent with human aspiration and thus bring humanity nearer to its goal.** The intent of the Hierarchy is to increase men's capacity for freedom in order to function effectively with that “life more abundantly” which the Christ will bring and which demands that the spirit of man be free — free to approach divinity and free also to choose the Way of that approach. The Mantram bears the name, “The Affirmation of the Disciple.” It involves **certain inner recognitions and acceptances** which are **readily perceived** by those whose intuition is sufficiently awake; but its meaning should not be beyond the ability of any sincere student and thinker to penetrate if it appeals to them as significant and warranting their effort.”