

## AQUARIUS 7-DAY SOLAR FULL MOON RITUAL – DAY 5

### MEDITATION ◊ CONTEMPLATION ◊ DIAMOND SOUL PRACTICE

In Service of the Christ for the Full Flowering of the Soul of Humanity and the Plan

### DAY FIVE - FIRST DAY OF ASSIMILATION AND DISTRIBUTION

Subtle expansions in consciousness during Full Moon times allow for subtle changes in perception enabling us to 'see', 'sense' or experience new qualities, strengths or powers of the Soul. Days 5, 6, and 7 are the *distribution phase of the Full Moon* where conscious gains are evidenced collectively and individually by the blessings we have received. Giving attention to the *inner evolving Mind of Christ in the Soul-Mind-Brain furthers our recognition of it*. 'Let that Mind be in you that was in Christ Jesus', said St. Paul. Let us remember that the "Mind of Christ" opens a higher / deeper door to the Triune Soul – pure Mind, higher Love and the Will of the Father.

#### RITUAL PREPARATION: Opening Alignment and Meditation

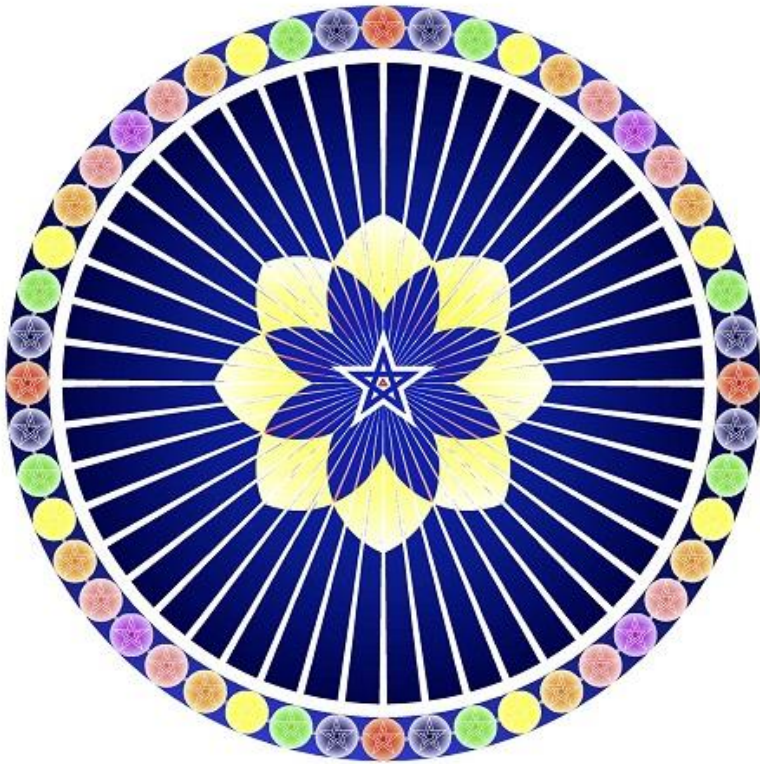
◊ **Remembering "the Breath is the Life pouring through all the centers"**, attuned to the Great Chain of Being, let us breathe conscious Breaths of Life in the energy of Aquarius flowing through "the Heart of the Sun–The Son of Divine Love". ◊ Standing now in the Beauty and power of the Cosmos, move into *That place* and space where the **Great Breath is Breathing you, as Life flows through all the Centers, thence returning Whence it came in a great fountain of spiritual blessing.** ◊ OM

◊ With a conscious breath of Life, we enter now more fully into the peaceful Presence of the Soul. As the Soul, sound forth the sacred **WORD, OM**, loosening and discarding atoms of lower vibration in the personality field, and environment, far and wide.

Thence, with intensified "spiritual aspiration", reach high into the Light of the Soul ... and sounding the Sacred **WORD, OM**, drawing in atoms of high vibration into the mind-brain and subtle bodies. OM

◊ Attune now and welcome the Solar Angel and Angel of Aquarius governing the 11th petal of the "Heart in the Crown" of the Thousand-Petaled Lotus. Consciously deepen your attunement with Them allowing Them to stimulate and/or make needed 'energy adjustments' to our subtle body centers in cooperative interplay. ◊ Sounding a silent OM, give gratitude (great-fullness) to the Angelic Kingdom for Their work with us.

## THE SOUL IS GROUP CONSCIOUS



◇ In the Light field of Aquarius, as conscious Souls, let us move into the prepared field of the Soul Star Group ... extending Soul Light and Love *One to All and All to One*, creating a living field of radiant Light and Love in unified vibration. OM

◇ **Now as One**, let us come into closer felt resonance with the greater GROUP of Groups – in whose Center radiates the Presence of the Christ. We pause in the wonder of this holy Field, absorbing His vibrations pouring forth from His Being – ‘setting things right in the world’.

◇ Pause to *feel into* the living, pulsing, beating Heart of the Soul Star Group – a Sphere of luminous Soul Light,

Soul Essence and Soul potency blessed by the living Presence of the Christ.

◇ Let us be mind-full of the millions of meditators and Groups active world wide during this Full Moon time drawing upon the higher life energies of Aquarius streaming through Mother Matter, circulating and cleansing form life. As Soul fields in all departments of human living grow, manifesting the purpose and potential of the Soul of Humanity for outworking the Plan of God proceeds apace.

With these thoughts and energies in heart and mind, together as One Group, let us sound the Great Invocation in Aquarian light – blessing the Soul of Humanity and all the Earth as living waters of Aquarius flow through us and All.

With this in mind, the Master’s words ring true – there is ‘**joy participating in the Masters’ plans**’, further assuring our *knowing* that “**all is well that associates you [us] closely with Them.**” (TWM, 368/9)

OM

## ASSIMILATING CONTACT and REFLECTION

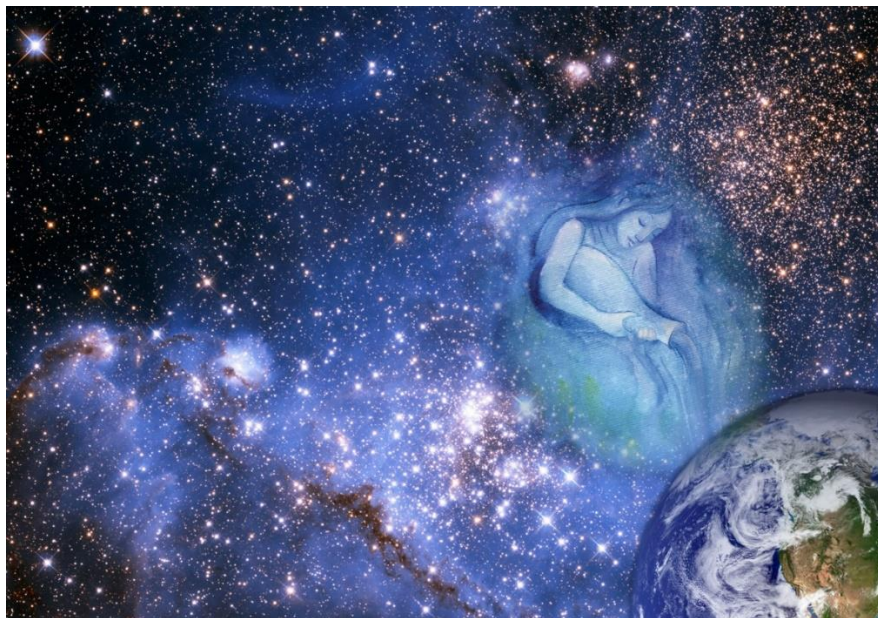
Today is the first of three days of distribution following Full Moon day. The first day (Day 5) deepens and further “reveals” that which was received, 'distributing' Aquarian energy through the Soul and Its instrument (the 3-fold personality vehicle). The more subtle effects of this “inner distribution” will continue, calling for *conscious assimilation*. “Let us *Be Aware*” – thus assisting in building the bridge betwixt higher and lower states of consciousness and Awareness. The *Antahkarana* is a term used for building a *Bridge of Light* to higher planes of Being and Life.

Engaging in a reflective review process assists in this energy distribution and increases soul awareness of what is being reinforced, or surfaced or subtly *happening* below the threshold of our awareness, thereby furthering the soul-infusion process of the three-fold personality.

In this Light, we shall continue to ‘listen for impressions’ as intuitions “drop into” mind and heart and the etheric system, “*flowering Soul Consciousness*.”

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"AQUARIUS IS THE "LIGHT THAT SHINES ON EARTH, ACROSS THE SEA. THIS IS THE LIGHT WHICH EVER SHINES WITHIN THE DARK AND CLEANSING WITH ITS HEALING RAYS THAT WHICH MUST BE PURIFIED UNTIL THE DARK HAS GONE". (EA, 330)



## DAY 5: REFLECTIONS for Day Five – The first day after the FM

◇ As we consciously re-enter (focus in) the *Full Moon field*, call to mind what came into your awareness, what did you experience. Ask for further clarity. Did anything “happen” or unfold of moment that should be brought back “to mind”?

◇ The Master DK informs us that every full moon period is an opportunity to begin anew. The old is left behind and drops away, and the new eclipses the old. What *new* has arisen, or is arising, in the field of your awareness?

◇ As the New Mind of Christ unfolds (in us), we **perceive** ‘anew’. What new is rising, has arisen, in your thought-life?

◇ What new meaning or significances are unfolding?

◇ Is something being reinforced? Reflect. ◇ Is something gaining strength? Reflect.

◇ Is something ‘old’ perceived anew or differently, seen more comprehensively, more wholly? Reflect.

◇ Find a way to link the insights from your reflections into fluid dynamic statements.

◇ *Is there a new story emerging for you now? ...* Could there be a new Soul story which inspires you? Clothe it in thought, give it form, increase its *power*.

◇ What perceptions about the world are arising now?

◇ Be cognizant today and in the two days following the above questions, and all that is happening, arising, and unfolding *in you, about you – as the greater whole speaks to you*.



## CONTEMPLATION / DIAMOND SOUL PRACTICE

**Right Human Relations** begins at home with *yourself* and with *close relationships* – family, friends, co-workers, neighbors ... extending to the whole world of relations

...

Assume that you as a Soul have received and absorbed Aquarian light and new-life energy during this full moon period.

◇ In this moment, let us first focus on your Soul-personality relationship. In the energy field of “right human relations”, from the Soul perspective, how are you treating yourself? With wisdom, balance and loving understanding? Or, are you critical, judgmental and unforgiving with yourself? “Be the loving Soul Observer” to these aspects of your personality. How would You then be with yourself? What would You say to yourself to cleanse, purify and heal yourself from unwanted energies, from thoughts that are not of Truth to live and serve more fully as the Soul? Be an Aquarian Christ to yourself now.

◇ Now adopt the same Soul Observer perspective in your *near* relations with family, friends, co-workers. What do you hear your Christ Self would say, or is saying and doing, in the spirit of “right human relations”? What do you hear your Christ Self saying and doing in the spirit of “cleansing, purifying and healing”? Allow the loving wisdom of your Soul to guide you toward serving “as the Aquarian Soul in all relationships” – include those who come to mind for We are in relationship with All.

◇ Step into the field of Good Will. Allow the “Field itself” to guide and direct us during these Days of Distribution. Notice, observe, remember.

◇ These considerations will naturally extend to ‘right’ or true relationship with all life, with all Kingdoms of nature (Soul Kingdom, Human, Animal, Vegetable and Mineral) and with the Earth Herself. Create a heart-mind “photo album” of these occurrences. Joy will arise now WITH ongoing well-being.

**Sound the Sacred WORD, OM, sealing in your heightened vibration arising from this Day’s work.**



We continue holding the field today. Sounding the Affirmation of the Disciple (below) whilst consciously immersed in the clarifying, cleansing, life-giving energy of the Waters of Life of Aquarius increasing in potency. – If using the pronoun “I”, let your identity Be the Soul Star Group as one whole, or use the pronoun We. At the start, begin by holding in “mind” the energy of Aquarius flowing through the Group Soul and then through ‘individualized Souls’.

## THE AFFIRMATION OF THE DISCIPLE

We are a point of light within a greater Light.

We are a strand of loving energy within the stream of Love Divine.

We are a point of sacrificial Fire, focused within the fiery Will of God.

And thus We Stand.



We are a Way by which men may achieve.

We are a Source of Strength, enabling them to stand.

We are a beam of Light, shining upon their way.

And thus We Stand.



And Standing thus revolve,

And tread this Way the ways of men,

And know the Ways of God.

And thus We Stand.

~OM~



Sound the Sacred Word **OM** whilst standing in the radiant *Light of a new  
Aquarian Day*

*... Blessing the field within which we walk and serve.*

*(The Affirmation of the Disciple comes from "words and phrases ... so ancient that they antedate both Sanskrit and Senza. But the meaning is clear and that is the point of importance.")*